

# Braunston Saints

# **Weekly Pewsheet**

Service Details and Notices

## Fourth Sunday of Easter Sunday 7 May 2017

Services in the Team today:

Oakham 8:00am Holy Communion (CW Trad)

10:30am Parish Communion\*

6:00pm Evensong

Whissendine 11:00am Holy Communion\*

Teigh 9:00am Matins

Ashwell 10:30am Morning Worship

Market Overton 9:00am Holy Communion\*

Langham 6:00pm Word, Worship & Response

Braunston 11:00am Extended Communion\*

**Brooke 6:00pm** Evensong

**Hambleton** No service

**Egleton** 9:15am Holy Communion (CW Trad)

\*Common Worship (Contemporary)

If you are new to this church or visiting, please make yourself known to the clergy or churchwardens

If you wish to receive Holy Communion in your pew, or would like a large print version of this Pewsheet, please ask a sidesman

## Please take this Pewsheet home



## Oakham Team Clergy



Revd Canon Lee Francis-Dehgani Team Rector (Oakham) 01572 722108 lee@oakhamteam.org.uk



**Revd Janet Tebby** Team Vicar (Whissendine, Teigh, Ashwell, Market Overton) 01664 474096 janet@oakhamteam.org.uk



**Revd Canon Iulie Hutchinson** Team Vicar (Langham, Braunston, Brooke, Hambleton & Egleton) 01572 868816 julie@oakhamteam.org.uk

## Lay Ministers

Mr Michael Hinman Reader - 01572 722061 michael@oakhamteam.org.uk Mr Phillip Hutchinson Reader - 01572 868816 phillip@oakhamteam.org.uk Mr David Pattinson Reader - 01572 723884 david@oakhamteam.org.uk Mrs Robin Robson Reader - 01572 757404 robin@oakhamteam.org.uk Mr Alan Rudge Reader - 01572 755570 alan@oakhamteam.org.uk Mr Vyv Wainwright Reader - 01572 759157 vyv@oakhamteam.org.uk Mrs Jenni Duffy Parish Evangelist - 01572 720064 jenni@oakhamteam.org.uk Mrs Gail Rudge Parish Evangelist - 01572 755570 gail@oakhamteam.org.uk Mrs Madeleine Morris Pastoral Assistant - 01572 868418 madeleine@oakhamteam.org.uk

## **Director of Music**

Mr Kevin Slingsby - 01572 898242 kevin@oakhamteam.org.uk

## **Oakham Team Office**

Mrs Janine Weaver Team Administrator - 01572 724007 office@oakhamteam.org.uk The Team Office is staffed on Monday, Tuesday & Wednesday 9am-1pm, Thursdays 11am-3pm and Fridays by email. Notices or reports for inclusion in the pew sheet and website should be sent to notices@oakhamteam.org.uk or delivered to the office by Wednesday at 11 am.



www.oakhamteam.org.uk



www.facebook.com/oakhamteam



info@oakhamteam.org.uk



@oakhamteam

#### Collect

Almighty God, whose Son Jesus Christ is the resurrection and the life: raise us, who trust in him, from the death of sin to the life of righteousness, that we may seek those things which are above, where he reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.** 

## First Reading – Acts 2.42-47

Many were baptized and were added to the community. They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. Awe came upon everyone, because many wonders and signs were being done by the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

## Second Reading – 1 Peter 2.19-25

Brothers and sisters: It is a credit to you if, being aware of God, you endure pain while suffering unjustly. If you endure when you are beaten for doing wrong, where is the credit in that? But if you endure when you do right and suffer for it, you have God's approval. For to this you have been called, because Christ also suffered for you, leaving you an example, so that you should follow in his steps. 'He committed no sin, and no deceit was found in his mouth.' When he was abused, he did not return abuse; when he suffered, he did not threaten; but he entrusted himself to the one who judges justly. He himself bore our sins in his body on the cross, so that, free from sins, we might live for righteousness; by his wounds you have been healed. For you were going astray like sheep, but now you have returned to the shepherd and guardian of your souls.

## **Gradual Hymn**



- The Lord's my shepherd, I'll not want.
   He makes me lie in pastures green.
   He leads me by the still, still waters,
   his goodness restores my soul.
  - And I will trust in you alone, and I will trust in you alone, for your endless mercy follows me, your goodness will lead me home.
- 2. He guides my ways in righteousness, and he anoints my head with oil, and my cup, it overflows with joy, I feast on his pure delights.
- And though I walk the darkest path, I will not fear the evil one, for you are with me, and your rod and staff are the comfort I need to know.

Words & Music: Stuart Townend (b 1963), based on Psalm 23 © 1996 Thankyou Music (Ancient & Modern – 800)

## **Gospel** – *John* 10.1-10

Jesus said to the Pharisees: 'Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. They will not follow a stranger, but they will run from him because they do not know the voice of strangers.' Jesus used this figure of speech with them, but they did not understand what he was saying to them. So again Jesus said to them, 'Very truly, I tell you, I am the gate for the sheep. All who came before me are thieves and bandits; but the sheep did not listen to them. I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly.'

## **Post Communion Prayer**

Merciful Father,

you gave your Son Jesus Christ to be the good shepherd, and in his love for us to lay down his life and rise again: keep us always under his protection, and give us grace to follow in his steps; through Jesus Christ our Lord. **Amen.** 

## Final Hymn



- Lord of the Church, we pray for our renewing: Christ over all, our undivided aim.
   Fire of the Spirit, burn for our enduing, wind of the Spirit, fan the living flame!
   We turn to Christ amid our fear and failing, the will that lacks the courage to be free, the weary labours, all but unavailing, to bring us nearer what a church should be.
- 2. Lord of the Church, we seek a Father's blessing, a true repentance and a faith restored, a swift obedience and a new possessing, filled with the Holy Spirit of the Lord! We turn to Christ from all our restless striving, unnumbered voices with a single prayer: the living water for our souls' reviving, in Christ to live, and love and serve and care.
- 3. Lord of the church, we long for our uniting, true to one calling, by one vision stirred; one cross proclaiming and one creed reciting, one in the truth of Jesus and his word!
  So lead us on; till toil and trouble ended, one Church triumphant one new song shall sing to praise his glory, risen and ascended, Christ over all, the everlasting King!

Words: Timothy Dudley-Smith (b 1926)

Music: Londonderry Air, Air from Count Derry from Irish Music as noted by George Petrie 1903, harm Donald Davison (b 1937)

© Timothy Dudley-Smith (Ancient & Modern – 497)

## **Today**

# 6:00pm – ENCOUNTERING GOD IN HOLY SCRIPTURE

## St Peter & St Paul Langham

The fourth in a series of six talks in which local author Raymond Tomkinson draws on the Church's rich heritage in Christian spirituality to explore different aspects of encountering God as the source of grace for deeper engagement with God and with the world around us. Set within the service of **Word, Worship & Response**.

## This Week

## **MONDAY 8 MAY**

10:00am-4:00pm – MISSION WALK
Great Casterton to Empingham
Walk Rutland for Jesus. 10:00am –
Assemble Great Casterton Parish
Church; Dedication Service; 10:45am
– Mission in Great Casterton;
12:45pm – Depart Great Casterton;
2:15pm – Arrive Empingham
Methodist Church; Mission at the
Church Post Office and in the village;
4pm – Mission ends.

## **TUESDAY 9 MAY**

10:00am - BIBLE STUDY

## 25 Willow Crescent, Oakham

We are looking at the Prayers of the New Testament. New folk would be welcomed – get in touch with Catriona (01572 770429).

# 2:00pm – RUTLAND REMINDERS Aberdeen House, 20 Stockerston

Aberdeen House, 20 Stockerstor Road, Uppingham LEI5 9UD

Singing sessions for people with dementia – Uppingham hub. 07779 413889 or rutlandreminders.org.uk for details.

## **WEDNESDAY 10 MAY**

1:30pm – MUSIC AT LUNCHTIME

All Saints Oakham

Sam Thomas trumpet

Neruda Trumpet Concerto in E flat

## THURSDAY II MAY

10:00am-12:00pm - OPEN HOUSE Home of Elaine & Graham Peel, 11 Prince George Avenue, Oakham

All are welcome to call in for tea or coffee and a friendly chat.

## **MOTHERS' UNION**

NO meeting today – see instead the Deanery Festival on 16 May.

## SATURDAY 13 MAY

10:00am-12:30pm — **COFFEE** 

#### MORNING

## Ashwell Village Hall

Supporting Derbyshire, Leicestershire & Rutland Air Ambulance. Coffee & Cake; Bring & Buy; Tombola; Raffle; Homemade Cake Stall. Patrick & Yvonne are hoping to raise £500 for the Air Ambulance – if you can help on the day, donate a cake or raffle prize, or just turn up for a cuppa, we'd be so pleased to see you! More info from 07768 708141 or yvo.worth@outlook.com.

## 10:00am-4:00pm – SPRING MINI BAZAAR & BOOK FAYRE

St Andrew Whissendine

A large variety of goods for sale with many new additions and some interestingly not so new. A wide selection of books to browse and purchase. Something for everyone so come along to Church for a bargain. Tea, coffee & biscuits.

10:00am-4:00pm - STARBURST All Saints' Primary School, Northampton, NN2 7AI

If you are a children's leader, licensed minister, parent, grandparent, godparent, teacher or clergy person, then you are invited to join us for worship, keynote speaker, networking, ideas, workshops, resources and fun. £10 per person, but under 18s attend free. Bring your own lunch, drinks provided. Doors open 9:30am. See poster for booking details.

## SUNDAY 14 MAY

3:00pm-4:30pm – **TEA PARTY** 

All Saints Oakham

Everyone is welcome, so please bring a friend (or two!). More information from Pam Wells (01572 755532).

## **Looking Ahead**

## **TUESDAY 16 MAY**

10:00am – MOTHERS' UNION DEANERY FESTIVAL

Uppingham Parish Church

Starts with with a service in Church, followed by a lunch (pay for this on the

day - £5). Please contact Pamela Woods asap to confirm numbers and also transport requirements (01572 755371).

# 12:30pm – LANGHAM LUNCH Langham Village Hall

A basic two course lunch, all welcome, cost £7.50. Booking essential via Val on 756202 or Susan on 723532...

3:30pm – RUTLAND REMINDERS Brambles, Rutland Care Village

Singing sessions for people with dementia. 07779 413889 or rutlandreminders.org.uk for details.

## WEDNESDAY 17 MAY

10:00am – MU CORPORATE COMMUNION Chapel of St John & St Anne All welcome.

I:30pm – MUSIC AT LUNCHTIME

All Saints Oakham

Alina Maries-Reim 'cello

Fauré Elégie

Shostakovich Sonata Op 40, movts I
& 2

## THURSDAY 18 MAY

7:30pm – ADMISSION OF CHURCHWARDENS All Saints Oakham

One of the annual services in which churchwardens from the Deanery are admitted to office.

## FRIDAY 19 MAY

## 11:00am – FRIENDS TALK & LUNCH All Saints Oakham Church Hall

Coffee at 11.00am. Talk at 11.30am by Paul Stammer, Information Officer for the Rutland Osprey Project, who will speak about The Rutland Osprey Project. Followed by two course lunch. Names on list by South Door at Oakham, please. Cost £8.

## **MONDAY 22 MAY**

# 7:30pm – OAKHAM PCC MEETING Mayhew Room, All Saints Oakham

Paul Adams, Diocesan Stewardship Officer will talk about all aspects of Stewardship giving. Members of the congregation are invited to hear Paul address the PCC in this open meeting. All are welcome to attend.

## THURSDAY 25 MAY

## 10:30am - TEAM WALKING GROUP

Church Street, Nassington, PE8 6QG The next walk is approx 6 miles starting at Church Street, Nassington and includes Yarwell Mill and the river Nene. A picnic lunch will be required. Group contact Dennis Corton, 01572 722272. New walkers always welcome simply turn up suitably attired.

## THU 25 MAY - SUN 4 JUNE

#### THY KINGDOM COME

The Archbishops have invited all churches to join in their prayer initiative, **Thy Kingdom Come**. It promises to be a highlight of the year as churches around the world, from many denominations are

planning to host prayer events in their churches and communities. Every church is being asked to pray for people to come to know Christ. We will be using this material at Morning Prayer in Oakham, and giving thought to how else we might participate – ideas are welcome! Thy Kingdom Come will be a wave of prayer across the nation and we are all invited to join in. For more information, resources and how to register please visit.... https://www.thykingdomcome.global/

## SATURDAY 3 JUNE

## 10:30am – OPEN GARDEN & VIENNESE CAFE

## Archway House, Langham

Open garden, with all manner of Viennese cakes and delicacies, including savoury as well as sweet cheesecakes, tea and freshly brewed coffee plus luxurious hot chocolate, and live music, craft stalls and a hanging basket demonstration.

There will be a plant stall and we are always pleased to receive donations, so if you are busy now with your own seeds and cuttings please remember us if you end up in a month or two with more than you need.

Entrance £5, in aid of Langham Church

## SATURDAY 9 SEPTEMBER

## RIDE AND STRIDE

#### **Rutland Churches**

Please help to raise money for Rutland's churches. Bike, walk or if you are less mobile, share a car. Watch this space for further details.

## Please pray for

- The people facing severe famine through civil war in Southern Sudan and Yemen;
- The rescue of all those still trapped in Aleppo and Mosul;
- The refugees that they may find safe refuge and a new life, and for all whose lives are torn apart by war and violence, especially the children;
- The British Government & EU
   Governments as negotiations begin to leave the EU;
- Donald Trump and the people of America;
- Those trapped under extremist regimes and the hostages held by religious extremists and their families and friends, especially remembering the Nigerian girls;
- Victims of religious extremism and persecution especially in Sudan, CAR, Kenya, Syria, Somalia, Eritrea, North Korea, China, India, Northern Nigeria, Iran, Iraq, Egypt, and Pakistan;
- The Rutland Food Bank;
- The Drop-in Centre;
- Justin and John our Archbishops and Donald and John, our Bishops;
- Lee, Janet, & Julie, our Team Clergy, and all lay members of the Ministry Team;
- Madeleine McCann and her family and all missing children.

## **Christian Aid**

Churches Together in Oakham supports Christian Aid partly through a house-to-house collection during Christian Aid Week, from 14th to 20th May. We need helpers who can deliver the red envelopes locally, then call back, and bring them to church at the end of the week. Let me know if you too can help. Peter Townsend (01572 759286).

## **Ashwell House**

We have had a request from a prospective purchaser of Ashwell House, which is adjacent to St Mary's Church. The property has an extension which they would like to redevelop more in keeping with the rest of the building, and are trying to locate old photographs of the property or find anyone who may remember what was originally at the rear of the property. If you can help, please contact Jill Norton on 07540 421962 or jillliannorton@gmail.com.

## **Organ Recitals**

We enjoyed a splendid recital on Monday from two young aspiring performers, Paul Greally and Nicholas Edwards,



who were prize winners at the first London Organ Competition last December (see the website for more details). We have booked a slot next May for next December's winners! The next recital is on Spring Bank Holiday Monday, 29 May, when we will welcome James Thomas from St Edmundsbury Cathedral. Then on 28 August we have David Price, who is on a UK tour from Thailand.

David will need accommodation on the Saturday and Sunday nights, 26/27 August – if you can help with this please contact Kevin Slingsby.

## **Easter and Knitting!**

Thanks to all who donated Easter eggs to the **Foodbank** this year – it was an amazing result. We had several large families in crisis over that period so many children benefited from then who



otherwise may have gone without. During quiet time at the food bank a number of volunteers knit squares and recently had enough to sew together for a child's blanket. This is now on the way to a refugee charity, and a second is fairly imminent. Twiddle muffs are also being created for dementia sufferers. The Foodbank is currently short of the following items – long-life fruit juice, packets of Smash, sponge puddings, long-life milk, washing-up liquid, toilet rolls, tinned spaghetti, tinned carrots, tinned peas, small coffee jars, dog food.

We have plenty of porridge oats, cereals and baked beans at the moment. The food bank operates entirely with volunteers – if you feel you could spare a few hours a month for this very worthwhile cause do give us a call on 07582 783363.

## **Mothers' Union News**

There is no usual monthly meeting on Thursday II May. Instead, on Tuesday I6 May is the MU Deanery Festival at Uppingham Church commencing at 10:00am with a service in Church, followed by a lunch (pay for this on the day - £5). Please contact Pamela Woods asap to confirm numbers and also transport requirements (01572 755371). On Thursday 29 June there is a joint outing with the Friends of All Saints to Ely. Please keep this date free. More details available soon.

## **New Service Pattern**

Following the retirement of Revd Janet Tebby, the northern villages will have a revised service pattern with immediate effect as below:

	1st Sunday	2nd Sunday	3rd Sunday	4th Sunday
Whissendine	11:00am	11:00am	II:00am	11:00am
	Holy	Family	Holy	Morning
	Communion	Service	Communion	Prayer
Teigh	9:00am	9:00am	6:00pm	No service
	Matins	BCP Holy	Evensong	
		Communion		
Ashwell	10:30am	10:30am	No service	10:30am
	Morning	Holy		Holy
	Worship	Communion		Communion
Market	9:00am	9:00am	No service	9:00am
Overton	Holy	Morning		Holy
	Communion	Worship		Communion

St Andrews, Whissendine

#### **FISHES CLUB**

Whissendine Fishes Club meets in church each week during the Sunday service from 11.00am, we have a variety of learning, craft and fun activities for children of all ages up to 11 and meet in the Lady Chapel, so why not come and join us.





## STARBURST 2017 -

## The children's work conference

I, the LORD, will teach your children, and they will have real peace.
Isaiah 54 verse 13

Saturday 13 May 10am – 4pm
All Saints' Primary School
Boughton Green Road
Northampton NN2 7AJ

Keynote Speaker: Penny Fuller
National Methodist Church & Community Coordinator
+ choice of practical workshops

Book on-line at:

bookings@peterborough-diocese.org.uk



Prayer Walk Sharing Jesus

# **Casterton to Empingham**



# Monday 8th May

10 am	<b>Assemble Great Casterton Parish Church</b>
	Dedication Service
10.45 am	Mission in Great Casterton
12.45 pm	Depart Great Casterton
2.15 pm	Arrive Empingham Methodist Church
	Mission at the Church Post Office and in the village
4pm	Mission ends

They asked each other, "Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?" (Luke Ch 24)

## Please come to support our fundraising event in aid of the

## <u>Derbyshire</u> <u>Leicestershire & Rutland AIR AMBULANCE</u>

We are holding a Coffee Morning

Saturday 13 May - Ashwell Village Hall - 10.00 -12.30

Coffee & Cake - Bring & Buy - Tombola Raffle - Home Made Cakes Stall

Patrick & Yvonne are hoping to raise £500 to donate to the DL&R AIR AMBULANCE

If you can help on the day, donate a cake or raffle prize, or just turn up for a cuppa we would be so pleased to see you!

For more info: 07768708141



# WHISSENDINE ST. ANDREW'S CHURCH SPRING MINI BAZAAR & BOOK FAYRE



A large variety of goods for sale with many new additions and some interestingly not so new.

A wide selection of books to browse and purchase.

Something for everyone so come along to Church for a bargain.

Tea, coffee & biscuits.

Saturday May 13, 2017.

10am until 4pm.



Arrive for Coffee at 11.00am

Talk at 11.30

By

Paul Stammer, Information Officer for the Rutland Osprey Project, who will speak about

The Rutland Osprey Project

Followed by

# 2 Course lunch

(Max No.40)

In the Church Hall Cost £8.00

Names on list by South Door, please. Further information contact Beryl Kirtland 01572 724103

## **Regular Groups & Activities**

## **CHILDREN'S GROUPS**

**Pram & Toddler Service** (age 0-4) Mondays 2:00pm during term-time **Oakham Church** 

**Tiny Tots** (age 0-4). Thursdays 9:45am during term-time. **Oakham Church** 

Little Angels (age 0-4) Thursdays 10:30 (term-time) Market Overton Church

Sunday School (age 4-11) Sundays 10:30am (except 3rd) Oakham Church Hall

Fishes Club (up to age 10) Sundays 11:00am (except 2nd)

Whissendine Church

ASH (All Saints Hub – aged 12/13) Second/Fourth Sundays 10:30am Oakham School Bowes Room

ASK (All Saints Kids – aged 14-16) Second/Fourth Sundays 10:30am Mayhew Room/OS Bowes Room

## **HOME GROUPS**

Leader: Catriona Drye (770429) 2nd & 4th Tuesdays 10:30am 25 Willow Crescent, Oakham Leader: Stan Bruce (756656) 2nd & 4th Wednesdays 7:30pm 19 Ashwell Road, Oakham Leader: Patrick Wilson (723288)

2nd & 4th Thursdays 2:30pm 6 Peterborough Avenue, Oakham Leader: Michael Hinman (722061) & Monica Compton (755734)

Monica Compton (755734) 2nd & 4th Mondays 7:30pm Oakham

Leader: Alan & Gail Rudge (755570)

Mondays fortnightly 7:30pm 34 Church Street, Braunston

St Andrew's House Group – Leaders: Revd Chris Bamber (01664 474360), Jane Beynon (474882) & Jeff Eaves (474454). Tuesdays fortnightly 11:00am Whissendine (phone for venue)

#### CHOIR

Laudamus Joint Choir Practice Tuesdays 7:00-8:30pm

Whissendine Church

Langham Choir Practice
Tuesdays before 1st, 2nd & 4th Sundays
12:00-1:00pm Langham Church

Market Overton Choir Practice Tuesdays before 1st, 2nd & 4th Sundays 5:45-6:30pm Market Overton Church

## BELL RINGING

Oakham Bells Tuesdays 7:30-9:00pm Langham/Braunston/Brooke Bells Wed 7:30pm 10/17/24 May Whissendine Bells as announced

## **MOTHERS' UNION**

Oakham & Braunston 2nd Thursday 2:15pm Oakham Church Hall; Corporate Communion 3rd Wednesday 10:00am Chapel of St John & St Anne

## **OTHER GROUPS**

Drop-In Centre Tea, coffee, chat & lunch Wednesdays 10:00am-4:00pm Oakham Congregational Church

Oasis Tea, coffee, biscuits and & chat Fridays 10:30-11:30am

Oakham Church Mayhew Room

**Open House** Monthly coffee morning in someone's home – see Diary for details...

Prayer Chain Prayer requests can be made in strictest confidence to Mary Willows (01572 756264) who will then inform the chain.

## **Services During The Week**

Monday 8 May	8:30 Morning Prayer Oakham	
Tuesday 9 May	8:30 Morning Prayer Oakham 10:00 Holy Communion Oakham	
Wednesday 10 May	8:30 Morning Prayer Oakham 10:00 Holy Communion J&A	12:00 CTiO Prayer Mtg Cong Ch 5:30 Meditation J&A
Thursday II May	9:00 <b>Team Communion</b> Oakham 9:45 <b>Tiny Tots</b> Oakham 10:30 <b>Little Angels</b> Market Overton	12:00 Ecumenical Prayer Oakham 12:15 Celtic Prayer Egleton
Friday 12 May	8:30 Morning Prayer Oakham 10:00 BCP Communion Oakham	

# Services Next Sunday - 14 May (Fifth Sunday of Easter)

Oakham	8:00 Holy Communion (CW Trad) 10:30 Parish Communion	6:00 Evensong
\A/hionomdino		
Whissendine	11:00 Family Service	
Teigh	9:00 Holy Communion (BCP)	
Market Overton	9:00 Morning Worship	
Ashwell	10:30 Holy Communion	
Langham	11:00 Holy Communion	
Braunston	11:00 Sunday Worship	
Brooke	8:00 Holy Communion (BCP)	
Hambleton		
Egleton		

## **Next Sunday's Readings**

Fifth Sunday of Easter: Psalm 31.1-6; Acts 7.55-60; I Peter 2.2-10; John 14.1-14 Oakham Evensong (1st EP of Matthias): Psalm 147; Isaiah 22.15-22; Philippians 3.13b—4.1